

Planting the Seeds of Change

**BUILDING RESILIENT
CHILDREN AND SCHOOLS**

Presented
by

— ★ ★ ★ ★ —
WORKFORCE SOLUTIONS
RURAL CAPITAL AREA

A proud partner of the American **JobCenter**™ network



2019 Directors' and Teachers' Conference

JUNE 28-29, 2019 • WINGATE BY WYNDHAM CONFERENCE CENTER

1209 N IH 35, Round Rock, TX 78664



Dear Directors,

We look forward to learning with you at this year's Directors' Day. This year's theme is "Planting the Seeds of Change: Building Resilient Children and Schools".

We know that a child's development is significantly impacted by adverse experiences and we all have seen the behaviors resulting from traumatic experiences and/or hardships. Together, we will explore approaches to helping children and families, and ourselves, learn coping skills, recover from hardships, and be better prepared to face future challenges. Join us for this unique opportunity to learn how to build confidence, independence and self-esteem, each a crucial skill that children and families need to be successful in today's workforce.

Two of the values of Workforce Solutions, Rural Capital Area are Teamwork – we work better together, and Leadership – we have the courage to lead change and shape the future. Your leadership and teamwork in helping Workforce Solutions Rural Capital Area build a better future by empowering your teachers and families build resilient children creates a healthier, more resilient community and workforce.

We sincerely appreciate the dedication, commitment and hard work of all of you.

Thank you for all you do.

Sincerely,

Paul Fletcher
CEO, Workforce Solutions Rural Capital Area

Sandy Anderson
Director Child Care Services






Location

Wingate by Wyndham & Williamson
Conference Center
1209 N IH 35
Round Rock, TX 78664
512-341-7000


Free parking available onsite
Conference center located behind the hotel

FRIDAY JUNE 28



7:30 AM - 8:15 AM	REGISTRATION OPEN
8:15 AM - 8:30 AM	WELCOME AND ANNOUNCEMENTS
8:30 AM - 10:00 AM	OPENING KEYNOTE
10:15 AM - 11:45 AM	SESSION 1
12:00 PM - 1:00 PM	LUNCH
1:15 PM - 2:45 PM	SESSION 2
3:00 PM - 4:30 PM	CLOSING KEYNOTE
4:30 PM - 4:45 PM	CLOSING REMARKS

SATURDAY JUNE 29



7:30 AM - 8:15 AM	REGISTRATION OPEN
8:15 AM - 8:30 AM	WELCOME AND ANNOUNCEMENTS
8:30 AM - 10:00 AM	OPENING KEYNOTE
10:15 AM - 11:45 AM	SESSION 1
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3:00 PM - 4:30 PM	CLOSING KEYNOTE
4:30 PM - 4:45 PM	CLOSING REMARKS

DIRECTORS' DAY KEYNOTE SESSIONS

DAY 1

Friday, June 28



ALBERT WRIGHT

Opening Keynote: Building Resilience in Children

In the world today, children need to develop strengths, acquire skills to cope, recover from hardships, and be prepared for future challenges. They need to be resilient in order to succeed in life. This training will identify and address how to help build resilience in classrooms.

Albert Wright is a Master Trainer who has over 20 years in the child care industry. He has also had the privilege of being chosen as Trainer of the Year three times and is a much sought after Master Trainer who has presented on platforms such as conferences for the National Association of Education for Young Children, Southern Early Childhood Association, Children's Learning Institute, Texas Association for the Education of Young Children, and many more. Albert holds a BS in Child Development and earned his Masters of Education in Early Childhood Education while traveling as a Keynote and Featured Speaker. Albert seeks to train with the perfect balance of laughter and learning.



JENNIE BIRKHOLZ

Closing Keynote: Planting the Seeds of Change: Growing Resilient Children and Schools

Early childhood experiences provide lifelong effects. Experiencing adversity early in life can interrupt normal brain development and trigger effects such as anxiety, depression, and addictions among other behaviors.

Jennie Birkholz is a certified Youth Mental Health First Aid Trainer and a SAMHSA Trauma-Informed Care trainer. As a person with lived experience and someone who worked with persons who experienced trauma, Jennie brings hands-on perspective to the work. Jennie served in the behavioral health field for over 15 years, supporting substance abuse, mental health, disaster relief and other community services at the executive level. She earned a Bachelor of Science in Psychology from Texas A&M University and a Master of Healthcare Administration from Texas State University.

DIRECTORS' DAY BREAKOUT SESSIONS

Participants will select breakout sessions on the day of the conference.

Topics will be offered during both sessions. Seating is on a first come, first serve basis, Sessions will be closed when capacity is full.

DAY 1

Friday, June 28

THE POVERTY EFFECT

Albert Wright

The Economic Crisis of the nation has deeply affected the lives of hundred of thousands of American families. Between foreclosures and jobs layoffs, the dynamic of the culture of families with children in childcare has changed dramatically. Parents who never had to worry about putting food on the table are now dealing with the rug pulled out from under them. Poverty levels deepening is directly linked to increased homelessness and hunger and children are particularly affected by these types of conditions. Living in poverty has a wide range of negative effect on both the physical health, mental health, and well-being of a child. Living in unsafe neighborhoods, with inadequate nutrition and food insecurity has a direct affect on the child's ability to learn. Children dealing with the Poverty effect are at a much greater risk of poor academic achievement, abuse and neglect, behavioral problems, socio-emotional problems issues with physical health as well as developmental delays. These effects can turn into barriers when families try to access care for the child. Since poverty has a particularly adverse effect on children during early childhood, it is imperative that we, as educators know how to recognize the Poverty effect and are equipped to help the child overcome the barriers that their environment can generate.

BUILDING THE CONNECTION BETWEEN HOME AND SCHOOL

Jennie Birkholz

Childhood adversity is prevalent in America today therefore childcare centers and providers should be equipped to support the developmental needs of all children. This session will go over what a childcare setting could look like to make all children feel comfortable and safe. It will also discuss what providers can do to increase positive brain development and resiliency and how to engage families. Material presented will be based off of the SAMHSA and The National Child Traumatic Stress Network's protocol of creating trauma-informed systems.

REGISTRATION FORM – DIRECTORS' DAY

FRIDAY, JUNE 28, 2019

All Registration Forms must be received by June 14, 2019.
 Open to **directors and administration ONLY.**

Please print clearly.

Facility Name:_____ **License #:**_____

Facility Phone #:_____ **Email:**_____

Facility Type (circle all that apply):

Center RCCH LCCH Before/After School Program

Facility Certifications (circle all that apply):

TRS TSR! NAEYC NAC COA NAFCC NECPA AdvancED

Participant Name:_____

Meal Option (circle all that apply):

Gluten-Free Vegetarian

Registration

- No on-site registration will be available.
- No children allowed at the conference.
- Submit one registration form per participant.
- Registration confirmation will be sent via email.
- Sessions will be first come, first serve. Once sessions are full, no others will be admitted.

Training Hours

- Certificates will be provided by facilitators at the end of each session.
- 6 hours of training will be earned by attending all sessions.

Meals

- Continental breakfast, lunch, and afternoon snack will be served.
- A vegetarian and/or gluten-free option will be available for those with dietary needs. Please indicate appropriately on the registration form.

TEACHERS' DAY KEYNOTE SESSIONS

DAY 2

Saturday, June 29



ANNETTE CHASTAIN

Opening Keynote: Creating Emotionally Intelligent Schools

Learn how to build social and emotional skills to support the development of creative and problem-solving skills through responsive care giving.

Annette Chastain is a licensed clinical social worker with 25 years of experience in mental health consultation, promotion, and prevention, as well as eight years of experience training and coaching Conscious Discipline. When Annette began to see the transformational power of implementing Conscious Discipline into her daily life, she was able to teach others how to create this life-changing experience for themselves. As a clinical social worker, Annette understands that the best way to help children is to surround them with as many healthy individuals as possible.



DAN ST. ROMAIN

Closing Keynote: The Brain and Power Struggles

We all do the best we are able with the skills at our disposal. Still, even the most rational teachers and caregivers can get into power struggles with parents and their children if we don't understand how stress fuels reaction-based behaviors.

Dan St. Romain is a national independent educational consultant who provides staff development and consultative services to educators working with students at all developmental levels. Dan is passionate about helping educators shift their perspective on discipline, understanding the best ways to provide support given the challenges posed in today's classroom. After receiving his Master's degree in Early Childhood Development, Dan worked in both private residential and public school settings. Dan spends a great deal of time presenting his body of work on Positive Behavior Principles. He is the author of Teach Skills and Break Habits: Growth Mindsets for Better Behavior in the Classroom, and several books of songs and lessons for teaching social skills, featuring his Chameleon, Juan Pablo.

TEACHERS' DAY BREAKOUT SESSIONS

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DAY 2

Saturday, June 29

BUILDING BETTER BRAINS FOR BABIES: RELATIONSHIPS ARE THE KEY!

Dianne Goyette



Safe, nurturing relationships are critical for healthy brain development for children, so building strong relationships with infants is the most important part of their teachers' jobs. Learn how social emotional development builds resilience by promoting healthy, adaptive coping skills and wires the brain for healthy development. Explore how serve and return interactions build babies' brains and apply criteria to examine the strength of your relationships with each of your infants. Participate in songs and simple brain-building activities that help you connect with your children.

THE LEARNING ENVIRONMENT: WHERE IS THE SPACE! INFANTS AND TODDLERS

Julia Wesley-Douch, M.ED



To develop an understanding of "The Classroom Environment", participants will learn the importance of arranging and decorating the space from the perspective of infants/toddlers. Discussion will include the need for different play spaces and the need for different surfaces in the classroom which allows for the development of playful interactions during exploration and play in the classroom. Additionally, participants will also learn how organization and access to materials enhance the learning environment.

AMAZING SPACES FOR PRESCHOOLERS

Janine Groth



A prepared environment helps children learn more efficiently and cuts down on behavior issues. By attending this session, you will learn the latest methods in setting up an engaging environment. Solid classroom management techniques will be examined and various examples will be shared with participants in a fun and interactive approach.

KEY:



Infants & Toddlers



Preschool



School Age

TEACHERS' DAY BREAKOUT SESSIONS

DAY 2

Saturday, June 29

MINDFULNESS MATTERS: PROMOTING HEALTH SOCIAL BEHAVIORS IN SCHOOL AGE PROGRAMS

Annette Chastain



Stress is a natural part of life and can be healthy or toxic. Mindful social emotional activities and practices support students in coping with the demands of school and life by re-training the mind to respond differently when stress arises.

SET THEM UP FOR SUCCESS

Debbie Elder



Turn your after school program into a breeding ground for creativity and personal development! Children deserve to be challenged, involved, and stimulated. So many cool things can happen under the right leadership; students can extend their learning and build friendships that can last a lifetime.

ANXIOUS KIDS, ANXIOUS TEACHERS

Dan St. Romain



Stressed out? Feeling Anxious? More and more students are, too. In this session Dan discusses why student stress levels are rising, how anxiety is manifested, and what to do to best support your students who are dealing with it.

KEY:



Infants & Toddlers



Preschool



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TRS TSR! NAEYC NAC COA NAFCC NECPA AdvancED

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Training Hours

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- 6 hours of training will be earned by attending all sessions.

Meals

- Assorted breakfast beverages, lunch and afternoon snack will be served.
- A vegetarian and/or gluten-free option will be available for those with dietary needs. Please indicate appropriately on the registration form.

Please submit form to Quality Initiative Coordinator at rcatraining@ruralcapital.net or fax to 855-584-7332, ATTN: Laurie Adams.

HOSTED BY:

WORKFORCE SOLUTIONS
RURAL CAPITAL AREA

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CONFERENCE EXHIBITORS

Association for Early Learning Leaders

Dan St. Romain

Discount School Supply

Early Childhood Coalition of Hays County

Early Childhood Specialties LLC

Frog Street Press

Kaplan Early Learning Company

Kodo Kids

Lakeshore Learning Company

Rocky Mountain Sunscreen & Coral Isles Sunscreen

Texas Association for the Education of Young Children

**Texas Child Child Licensing and
Centralized Background Check Unit**



TEXAS RISING STAR PROVIDERS

BASTROP COUNTY

- BISD District Day Care at Cedar Creek
- Little Sheep Learning Center
- Busy Bee Academy
- Elgin ISD CDC
- Wiggles N Giggles
- FBC Sunshine School
- BISD District Day Care at Emile

BLANCO COUNTY

- Johnson City Community Preschool

BURNET COUNTY

- Little Texans
- Pumpkin Patch Learning Center
- HCF Christian Academy
- Little Texans Child Development Center
- Flip N Swim

CALDWELL COUNTY

- The Cub House Child Development Center
- The Eency Weency Chickabees Academy
- Small World Learning Center



FAYETTE COUNTY

- Dig It! Preschool
- The Remnant Academy

HAYS COUNTY

- Sunset After School at Dezavala
- Sunset After School at Bonham Pre K
- Sunset After School at Bowie
- Sunset After School at Crockett
- Sunset After School at Travis
- Sunset After School at Hernandez
- Sunset After School at Mendez
- Kyle's Bright Beginnings
- FUMC Day School and After School
- Lehman HS Child Development Center
- Jack C. Hays H Child Development Center
- First Step INC
- Texas State Child Development Center
- Small Fries Child Care and Learning Center
- Guzman Group LCCH
- First Class Child Development Center 2
- SMCISD Child Development Center
- Little Lambs Preschool
- A Child's Exploratorium

LEE COUNTY

- St. Paul Lutheran ECC

LLANO COUNTY

- Alphabet Alley

WILLIAMSON COUNTY

- Little Acorn Academy
- Hilltop Children's Center
- Goddard School (Leander)
- RRISD Success Child Development Center
- Kids Kottage
- Little Learners Preschool
- Emerson Academy
- Bright Star Academy Schools
- Twinkle Time Home Child Care
- Kids R Kids of Round Rock
- Kids R Kids (Avery Ranch)
- Eagle Wings Child Development Center Georgetown ISD
- Round Rock ISD Child Development Center - Great Oaks
- Children's Lighthouse
- Goddard School (Cedar Park)
- Annunciation Infant Development Center
- Children's Courtyard 5
- Guiding Steps Montessori
- Children's Courtyard 4
- Bright Start Learning Center
- Kiddie Academy of Round Rock
- Mimi's Learning Center